



Endurance



December
2022

North & East Yorkshire Group Newsletter – lets talk Endurance

End of the Season

After the past couple of years when we were unable to complete a full year of Endurance Riding, 2022 has seen the group thrive.

We have had a number of rides organised by our Group in North Yorkshire including:

Escrick for Christmas and again in March,

the new Cropton ride, which will become a National ride in 2023,

Jolly Moors hosted a two day ride over the beautiful Yorkshire Moore,

The popular Dialstone, which is near Sutton Bank, this year was ran over two days, day one being a pleasure ride with the second day hosting the National Northern Championships.

We did have to postpone the nearly organised White Rose due to a venue issue, but it is back on the calendar for 2023, and the group finished off with the popular Terrington Ride.

As a group, members have been able to attend many other Group rides and have seen our overall participation in rides by members increased.

Volunteers Draw

During the Presentation evening, we add all the names of our lovely volunteers into a 'hat' and the winner will receive a £50.00 prize.

We can't run the rides without our volunteer team, please do get in touch if you'd like to help at one of our rides, we would be most grateful.



**Thanks
to Our
Volunteers!**

AGM and Presentation Evening

North & East Yorkshire Group of Endurance

AGM and Presentation Evening

Friday 20th January 2023

The Feathers, Helmsley
7.00 pm for a 7.30 pm start.

Food available from 6.30pm if you would like to eat, order on the night.

Please book your place on Clubhouse, so we have an idea of numbers

If you're not a member of EGB, but would like to come along to our AGM and prize giving, you are very welcome, please just let me know.

Annfeatherstone176@btinternet.com



Let's hear it for your team members and nominate your crew.

We have a crew award and we are looking for entries for this award to present to the winning team at our presentation evening.

Has your crew member/s looked after you and your horse/pony this year?

What makes them special?

We'd love to know how important they have been to you and why.

How is your chance to say Thank you.

If you would like to nominate them please email over a message or email to Tracy Thompson before the 5th January 23. (no more than 100 words)

I'm sure we have a some hidden team members out there that deserve a nomination.



Rides 2023

Escrick Park (2022)	4 th December
Escrick Park	19 th March
Thorpe Perrow** nr Bedale	TBC April
Jolly Moors, nr Whitby	TBC May
White Rose* nr Huggate	4 th June
Aram Grange** nr Topcliffe	18 th June
Dialstone, nr Thirsk Saturday	1 st July
Dialstone*, nr Thirsk Sunday	2 nd July
Terrington	TBC September
Cropton nr Pickering Saturday	7 th October
Cropton* nr Pickering Sunday	8 th October

*include national competitive rides as well as Pleasure Rides.

** rides organised in conjunction with Bedale and West of Yore Pony Club

Dates are subject to confirmation, please check website for entry details and other rides.



All places must be pre booked.

www.endurancegb.co.uk

www.endurancegbneyorkshire.co.uk



Let's talk Endurance

If you are member of a club and would like us to come and talk to you about Endurance, either face to face or on line, please let us know, the talk is around 1 hour and covers the basics of what you need to know about Endurance.

Endurance for all:

All our rides are marked with flags, arrows or tape, and you will get a full set of ride instructions including a map. The beauty of this sport is that you can set your own challenges, be that having a lovely weekend of relaxed fun riding in the countryside that you would perhaps not normally have access to or wether you want to have a go at the longer distances or some of our more challenging rides. Any kind of horse, and any kind of rider, (Para riders most welcome), can have a go at Endurance Riding.



Escrick Park Christmas Cracker Ride

Ride Secretary Ann Featherstone

Last ride of 2022, but the first ride on the group distance cards for members for 2023.

A dark morning, on Sunday 4th December, having watched the weather forecast all week, it was a 'is it going to rain today, or not,' kind of day.

Having to load our own horse Enya at 7.15 am it was Team Escrick time to pull together and ensure we were there on time for the arrival of our riders.

We had organised a new First Aid team for this ride and we wanted to ensure we were there to welcome them. Quantum First Aid Training & Events were our safety team, and thankfully we didn't need them.

There was plenty of tinsel and some amazing outfits for the ride and people had really made an effort to get into the Christmas Spirit, thank you.

We had the photobooth going around the venue and people were great at having their photos taken, all smiles and ready for a fun day.

We had 9 volunteers for this ride, all who had given their day up to come and support the ride. Riders were all polite and very much appreciated our efforts in putting this ride on.

Next Escrick ride in March 19th 2023. Open for bookings 25th January 23



Would you like to know more about Endurance?

Training evening:

North & East Yorkshire Group of Endurance are looking to host an evening about Endurance and how to understand and get the most out of the vetting process, the vetting process which takes place at an Endurance event that is running Competitive and Pleasure rides.

The talk will be given by one of Endurance GB regularly used Vets Catriona Moon. Catriona is a top Endurance rider with World champs experience as well as a full time vet.

Catriona would like to help the riders understand the vetting process used at an Endurance ride, how to trot up and how to get the best out of it and how it can help you understand your horse more.

This will be ideal for people wanting to know what happens at an event as well as those riders who enjoy hacking and wanting to try the next stage, plus those riders who have already attended rides but would like to get to know more.

Will also look at the vet sheet riders complete before the ride and what information is on there.



Introduction to Endurance

Tuesday 21st February 2023

Talk about Endurance, looking at the pleasure rides and moving onto the next stage of taking part in a competitive ride, understanding the 'trot up' taking the heart rate and the different results. What does Grade 1 mean?

Come along for an informal meeting and an opportunity to ask questions.

Members and non members welcome.

To be held at Thirsk Auction Market,
Blakey Lane, Thirsk, YO7 3AB

From 6.30 pm for a 7.00 pm start.

£5.00 to include chips and sandwich supper.

Please book your place with Tracy Thompson

Tel: 07898 451 702 or email richard@shores.eclipse.co.uk

