



North & East Yorkshire  
Group of Endurance GB



# An Introduction to Endurance

## Wednesday 12<sup>th</sup> January 2022

7.00 pm - 8.00 pm

This session will be online

North & East Yorkshire Group of Endurance would like to invite you to An Introduction to Endurance.

Would you like to know more about Endurance and how it really is for all riders over 8 years old. (riders under 14 need to be accompanied by an adult rider)

We will cover:

- What to expect at the venue
- Tack and equipment needed
- Different types of rides
- Working out speeds and timings
- Basic map reading
- Vetting
- Getting the horse fit
- How to enter a ride on EGB Clubhouse
- Different types of membership
- And time for questions



[www.endurancegbneyorkshire.co.uk](http://www.endurancegbneyorkshire.co.uk)  
[www.egb.myclubhouse.co.uk](http://www.egb.myclubhouse.co.uk)



**Endurance GB**

Competitive Long Distance Riding

Join our  
**facebook**  
Group