

Introduction to Endurance





An Educational Endurance Evening.

The North and East Yorkshire Group of E.G.B. and the Pony Club

Tuesday 21st February 2023

Talk about Endurance, looking at the pleasure rides and moving onto the next stage of taking part in a competitive ride, understanding the 'trot up' taking the heart rate and the different results. What does Grade 1 mean?

Come along for an informal meeting and an opportunity to ask questions.

Members and non members welcome.

At Thirsk Auction Market, Blakey Lane, Thirsk, YO7 3AB

From 6.30 pm for a 7.00 pm start.

Topics for discussion.

1. 7.00pm prompt Feeding the Endurance Horse. With Anna Welch M.R.C.V.S. International Endurance Rider and Chief Nutritionist for TopSpec.



2. 8.00pm What the Vet is looking for in the Pre-ride and post-ride vettings. With Catriona Moon M.R.C.V.S. International Endurance Rider and leading EGB vet.

This will be a CPD evening for PC Trainers

£5.00 to include chips and sandwich supper.

Please book your place with Tracy Thompson Tel: 07898 451 702 or email <u>richard@shores.eclipse.co.uk</u> or Robert Blane rtblanehorses@gmail.com



